Thursday, August 24, 2006

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Health and Human Services
RECOMMENDATION FOR COUNCIL ACTION

ITEM No. 8

**Subject:** Authorize execution of Amendment No. 3 to the Interlocal Cooperation Agreement between the CITY OF AUSTIN, Austin, TX, AUSTIN/TRAVIS COUNTY MENTAL HEALTH MENTAL RETARDATION, Austin, TX, and TRAVIS COUNTY for substance abuse treatment services, adding an additional \$50,000 to the existing Community Court portion for an annual amount not to exceed \$1,507,151 (\$895,352 City; \$611,799 County) from January 1, 2006 through December 31, 2006, with three 12-month renewal options in an amount not to exceed \$1,507,151 (\$895,352 City; \$611,799 County) per renewal option, for a total agreement amount not to exceed \$6,028,604 (\$3,581,408 City; \$2,447,196 County).

**Amount and Source of Funding:** Funding in the amount of \$439,014 is included in the Fiscal Year 2005-2006 Approved Operating Budget for the Health and Human Services Department, \$310,000 is included from Community Court and \$611,799 will be provided by Travis County. Funding for renewal options is contingent on available funding in future budgets.

Fiscal Note: A fiscal note is not required.

# Additional Backup Material (click to open)

D SAMSO FY06 Budget Amendment For More Information: Vince Cobalis, Asst. Director for Human Services, 972-5011; Donna Jackson, HHSD Manager, 972-5017; Linda Terry, Agenda Coordinator, 973-5023.

**Prior Council Action:** Approved execution of 2004-2005 Interlocal agreement for MSO services with three 12-month renewal options, January 13, 2005.

## SAMSO FY06 Amendment No. 3

#### **Background**

The Austin Travis County Mental Health and Mental Retardation (ATCMHMR) Managed Services Organization (MSO) Program is designated to provide substance abuse treatment services for the community and create a working partnership between the City of Austin, Travis County, and the Austin Travis County Mental Health and Mental Retardation Center for substance abuse treatment services. A substance abuse treatment network managed by an administrative entity (MSO) has been utilized since 1999. This agreement has been renewed annually since that time. Under the Interlocal, ATCMHMR provides specified MSO functions for the service network.

The MSO functions include credentialing; single point of entry functions; utilization management; quality management; management information systems; financial management; administration/contract management; network development and management; and on-site provision of technical assistance to network providers. The service network presently includes the following substance abuse treatment providers: Austin Recovery Inc., Push-Up Foundations Inc., Phoenix Academy (provider of youth services), Seton/Shoal Creek, Clean Investments, Austin Drug & Alcohol Abuse Program, and Choosing How I Live Life, Inc.

The Interlocal Agreement is being renewed and amended for 2006. The Community Court funding increased an additional \$50,000 in the current available budget for additional Community Court referrals. Substance abuse treatment services under the Interlocal Agreement include the following continuum of services: comprehensive clinical assessment, intervention services, residential treatment; day treatment; and outpatient and continuing care services. Additionally, clients are linked or referred to case management and other support services as part of the treatment process. Services are provided to eligible clients according to specific eligibility criteria that include; (a) household income below 200% of the federal poverty guidelines; (b) no other third party payer available/applicable; (c) residence in City of Austin and/or Travis County; (d) meets target population criteria, which are homeless adults, adults referred by Community Court, high-risk women, high-risk youth. The MSO will also continue to develop the service network as necessary for the provision of all required services with attention to service capacity and appropriate access for consumers. Additional target groups may be served contingent upon Department approvals and based upon community assessment information and the MSO's identification of any additional priority service needs or gaps in services in the Austin/Travis County community.

Services provided under this Interlocal Agreement include:

- Outreach Identify persons needing assistance and encourage them to enter services. Outreach
  will be provided through existing programs/agencies that work with the target populations, but
  will not be considered a reimbursable cost under this Agreement.
- Intake/Assessment/Referral A clinical substance abuse assessment will be required for all potential clients and may be conducted by any provider in the service network based on the client's entry point into the system and her/his level of need for services.
- Evaluation Management Services Group and Residential Support and Case Management, as defined by TCADA. Case management involves an accountable staff person providing services that include: (a) linking clients with needed services; (b) helping clients develop skills to use basic community resources and services; and (c) monitoring and coordinating the services received by clients)

- Residential Treatment Includes Level II and/or Level III residential treatment services as defined and licensed by TCADA. Residential services require clients to reside at the facility for a specified period of time while undergoing chemical dependency treatment.
- Transitional Housing—Housing provided to an eligible client with case management for a
  period not to exceed 3 months for the purpose of moving the client towards greater selfsufficiency.
- Intervention Counseling Services—Include individual counseling with eligible clients and/or family members.
- Day Treatment Services Intensive outpatient treatment services are provided to an individual
  client for approximately five hours per day, for a total of at least twenty hours of services per
  week. The client does not reside at the treatment facility.
- Outpatient and Continuing Care/Aftercare Services These Level III and Level IV services usually include individual and/or group counseling services and the continuation of transitioning the client into other community-based support systems such as Alcoholics Anonymous/Narcotics Anonymous (AA/NA) groups, sponsors in the community, etc.

Austin Travis County MHMR Center agrees that the funds provided by the City shall not be used for medical services, including detoxification services that require medical direction or medical/health services.

#### **Performance Measures**

#### Related Departmental Goals

- Provision: Health Services; Deliver quality, safety net health services in partnership with the community.
- Prevention/Provision: Social Services; Promote and foster increased self-sufficiency, healthy behaviors, and lifestyle among targeted populations.

#### **Output Measure**

• Unduplicated clients to be served - 779

## Outcome Measures

- Percent of clients of clients who report having maintained abstinence from substance abuse when contacted 60 days after treatment (non-detox)

  Goal: 71%
- Eligible Clients employed or in school or training at discharge.
   Goal: 50%
- Eligible Clients discharged to a stable housing situation. Goal: 85%

# **Requested Council Action**

Council is requested to authorize execution of Amendment No. 3 to the Interlocal Cooperation Agreement between the CITY OF AUSTIN, Austin, TX, AUSTIN/TRAVIS COUNTY MENTAL HEALTH MENTAL RETARDATION, Austin, TX, and TRAVIS COUNTY for substance abuse treatment services, adding an additional \$50,000 to the existing Community Court portion for an annual amount not to exceed \$1,507,151.00 (\$895,352 City; \$611,799 County) from January 1, 2006 through December 31, 2006, with three 12-month renewal options in an amount not to exceed \$1,507,151.00 (\$895,352 City; \$611,799 County) per renewal option, for a total agreement amount not to exceed \$6,028,604 (\$3,581,408 City; \$2,447,196 County).